

Crochet work

1. Final task assignment

- **Module n°1**: Contestants will create a sock using crochet work, following the provided instructions regarding the choice of colors and the stitches (refer to the provided specifications).

These instructions as well as a sample of the sock will be provided on the day of the competition.

- **Module n°2**: Contestants will imagine and realize with the remaining threads a small bag that matches the sock (colors and stitches used), including a system to carry the bag (straps or handle) and a system for closing the bag.

2. Allocated time: 5H30

5 hours and 30 minutes of competition.

3. Requirements

- ✓ Contestants will take the time to inspect the provided materials before the beginning of the contest. If any defect is noticed, contestants will notify the jury in order to have the defective materials replaced. Once the contest has started, no materials will be replaced.
- ✓ Contestants must remain in their workstations. They are not allowed to talk among themselves. Any contestant caught cheating, talking to someone from the public or using a communication device will suffer a penalty of 5 points for the first transgression. A second transgression will lead to an exclusion from the contest.
- ✓ Contestants will notify the jury when they finish the task.

4. Procedure

Day -1 (March 23rd): On the day before the competition, contestants will be welcomed on the stand by the members of the jury. A briefing about the organization of the competition and the safety rules will be arranged. The jury will perform an inspection

of each contestant's personal equipment. Lots will be drawn in order to assign a work station to each contestant.

Day 1 (March 24th): In the morning, an explanatory document will be provided to contestants, who will then have some time to study the difficulties of the task. A questions & Answers session will then be organized by the jury before the competition. Contestants will have 3 hours to complete module 1.

Day 2 (March 25th): Contestants will have 2 hours and 30 minutes to complete module 2.

5. Evaluation criteria

N°	Items to be evaluated	O/S	Scoring scale
Module 1			45
01	Product fully completed <i>Produit totalement terminé</i>	S	8
02	Respect of the 5 imposed colors, yes/no <i>Respect des 10 couleurs imposées, oui/non</i>	O	3
03	Respect of crochet stitch n°1, yes/no <i>Respect du point n°1</i>	O	3
04	Respect of crochet stitch n°2, yes/no <i>Respect du point n°2</i>	O	3
05	Respect of crochet stitch n°3, yes/no <i>Respect du point n°3</i>	O	3
06	Respect of crochet stitch n°4, yes/no <i>Respect du point n°4</i>	O	3
07	Respect of crochet stitch n°5, yes/no <i>Respect du point n°5</i>	O	3
08	Respect of corset lacing, yes/no <i>Respect du laçage façon corset</i>	O	3
09	Respect of toe up sock technique, yes/no <i>Respect de la technique de commencer par la pointe</i>	O	3
10	Respect of afterthought heel technique, yes/no <i>Respect de la technique du talon ajouté à la fin</i>	O	3
11	General aspect of the sock <i>Aspect général de la chaussette</i>	S	10
Module 2			35
12	Completion of a finished bag, yes/no <i>Réalisation d'un sac terminé, oui/non</i>	O	10
13	Presence of straps or a handle, yes/no <i>Présence de anses ou poignée, oui/non</i>	O	3

14	Presence of a closure system, yes/no <i>Présence d'un système de fermeture...), oui/non</i>	O	3
15	Use of matching colors and stitches, yes/no <i>Utilisation de couleurs et points assortis, oui/non</i>	O	3
16	Creativity when using matching colors and stitches <i>Créativité lors de l'utilisation de couleurs et points assortis</i>	S	8
17	Creativity, originality of the bag <i>Créativité, originalité du sac</i>	S	8
Module 3 = Generalities Module 1 + Module 2 <i>Généralité Module 1 + Module 2</i>			20
17	How the 2 elements match together (sock & bag) to make a pretty set <i>Assortiment des 2 éléments pour faire un bel ensemble</i>	S	10
18	General aspect of the finished objets <i>Aspect général de l'ensemble</i>	S	10
TOTAL POINTS			100

TECHNICAL SPECIFICATIONS

Abbreviations used – US crochet terms

beg = beginning

ch = chain

dc = double crochet

dc3tog = 3 double crochet stitches closed together (decrease)

dc FLO = dc in front loop only

dec = decrease

double trebles = double treble crochets

FO = fasten off

hdc = half double crochet

RS = right side

sc = single crochet

sl st = slip stitch

st(s) = stitch(es)

WS = wrong side

yo = yarn over

Special stitches (US crochet terms)

1/ dc FLO = dc in the front loop only of a stitch (see photo)

2/ Bobbles:

Work 1 sc, then (4 dc closed tog in next st = 1 bobble), work 1 sc in next st.

3/ four crossed double trebles:

* skip 2 sts, 1 double treble in each of next 2 sts, then go “back” to the skipped sts and work 1 double treble in each of the 2 skipped sts, working from back to front

4/ Flower motif over 8 sts:

DEFINITIONS:

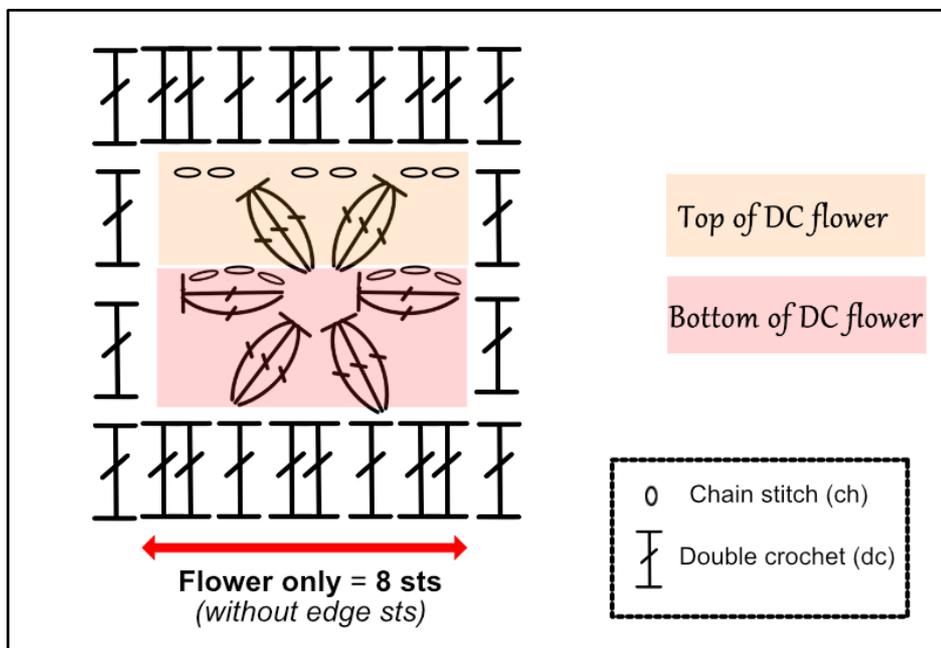
• **Partial dc:** yo and work as for a regular dc BUT leave the last loop unworked (= 2 loops on hook) until end of series. At the end, close all partial dc together by pulling through all remaining loops on hook. This will form a petal.



- **Horizontal petal:** ch3, work 2 partial dc in 1st ch of the ch3 (= 3 loops on hook before closing) then close them together.
- **Vertical petal:** in specified stitch, work 3 partial dc (= 4 loops on hook before closing) then close them together.

MAKING THE FLOWER:

- **Bottom of flower** = 1 horizontal petal, (skip 2 sts, 1 vertical petal in next st) x 2, 1 horizontal petal, skip 2 sts
- **Top of flower** = ch2, 1 vertical petal in top of 1st available vertical petal from previous row (= "center" of flower), ch2, 1 vertical petal in same st (center of flower), ch2.



5/ picots:

Work in sc, then ch3 and 1 sl st in 1st ch made to form a picot.



🧦 Abilympics Sock 🧦

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Materials

- **Bergère de France “Ecoton** (48% cotton, 48% acrylic, 4% other recycled fibers - 130 m/50 g), sport-weight, in 5 colors:
- Color 1 (C1): 1 ball of anthracite (black)
- Color 2 (C2): 1 ball of Ecrú (off white)
- Color 3 (C3): 1 ball of Praline (pink)
- Color 4 (C4): 1 ball of Indigo (blue)
- Color 5 (C5): 1 ball of Jute (beige)
- 3.25 mm Susan Bates crochet hook *OR size needed to get gauge*
- About 10 **stitch markers** in different colors - one color will be used to mark beginning of rounds.



Gauge 28 double crochets in the **FRONT loop** and 16 rounds = 10 cm (4”), unblocked.

Abbreviations used: US crochet terms

beg = beginning	ch = chain	dc = double crochet
dc3tog = double crochet 3 stitches together		dc FLO = dc in front loop
dec = decrease	double trebles = double treble crochets	
FO = fasten off	hdc = half double crochet	RS = right side
sc = single crochet	sl st = slip stitch	st = stitch
WS = wrong side	** = repeat sequence between stars	
yo = yarn over	1 picot = ch3 and 1 sl st in 1 st ch made	

NOTES:

- The initial ch3 at the beg of a row/round counts as a stitch.
- A part of the sock is worked in the **FRONT loop** only of each dc (see photo at right).



SOCK INSTRUCTIONS

Step 1 – Toe section, worked in a spiral on RS

Toes are crocheted in hdc in both loops.

Foundation chain & Round 1: ch 13, 2 hdc in 3rd ch from hook and mark the 1st of those 2 hdc with a colored marker for beginning of round, hdc in each of next 9 ch, 3 hdc in last ch and mark the 2nd of those 3 hdc, then turn work around and crochet along the **other side of foundation chain**, working 1 hdc in each of the next 9 sts, 1 sc in “stitch” (*actually chains from foundation chain*) before beg-of-row marker. You have [24 sts]

Please note: since we're working this part in a spiral, work may look slightly twisted at first. From now on marker will be placed in 3rd of the 3 hdc at each end, to compensate those leaning sts when working in the round.

Round 2: * work 3 hdc in marked st and move up marker to 3rd of those 3 hdc, hdc to marker, *, repeat from * to * once. You have [28 sts]

Round 3: repeat round 2. You have [32 sts]

Round 4: repeat round 2 [36 sts]

Round 5: repeat round 2 [40 sts]

Round 6: repeat round 2 [44 sts]

You have [44 sts].

Step 2 – Top of foot

We are now going to work foot in the round, **TURNING work** at the end of each round.

Foot is worked in dc (double crochet), worked either in both loops or front loops only (*read instructions carefully*).

Cut Black yarn (C1) and join white yarn (C2). Using the new color, close round with a sl st to marked st, which marks beginning of round. You can now remove both markers.

Work the double crochets (*dc*) of this 1st **round** in both loops for a smooth transition. From 2nd round on, we'll work the dc only in front loop.

Round 1 (RS): ch3 (*counts as 1st dc here and throughout*), dc 43. Close with a sl st to initial ch3 and TURN work. [44 sts]

=> **count your sts here to make sure you didn't add a st with the sl st.**

From now on, work all double crochets in the **FRONT loop** only (= dc FLO).

=> *Make sure you don't work in the back loop, that would totally change the look of your socks, making the fabric closer to knit ribbing.*

Round 2: ch3, dc FLO 43. Close with a sl st to initial ch3 and TURN work. [44 sts]

Repeat Round 2 until you have made **at least 12 rounds total with White (C2)**

=> *I made 16 rounds in sample sock shown in pattern*

=> *You can crochet either 12, 14 OR 16 rounds for this section (even number of rounds),*



Step 3 – Prepare hole for afterthought heel

Actual heel will be crocheted once rest of sock is completed, following principles of an “afterthought heel”. For now, we’ll leave a “hole” there and continue directly with the ankle.

We are now going to start with front section of sock and continue with a long chain as foundation for back of ankle.

Next round (RS): ch3 then

- dc FLO 21, then
- chain 27 (= 5 sts more than “normal” in order to keep enough stretch for heel) and skip the next 22 dc,
- join to top of ch3 at beg of round with a sl st.

You have [49] total, counting the dc AND chain sts. FO and **cut yarn**. Then join it again right away to center of the long chain (red star on photo) in order to move the “joining seam” to the back of the ankle.

Make sure to turn work before starting next round.

Next round (WS): starting at the center of the long chain, ch3, work 10 dc evenly spaced around the half of the long chain, then dc FLO 22, end with 11 dc evenly spaced around the other half of the long chain, join with a sl st to top of initial ch3, turn. [44 sts]



Next round (RS): ch3, dc FLO 43, join with a sl st. Do not turn work this time as next round will be worked on RS. [44 sts]

Step 4 – Continue ankle with textured stitches and opening along the back of ankle

We are now going to add sections of textured stitches, each worked with a contrasting color. Each textured stitch section will be separated by 2 rows in White (C2).

From now on, we are also no longer working in the round:

We will crochet flat in ROWS, to **create an opening at the back of the ankle**.

♥ BOBBLES ♥

Join Pink (C3) but do not cut C2 as we’ll reuse it very soon. Just carry the unused yarn along at the back of work. The bobble row is worked on Right Side of work, and in both loops of each st.

Bobble row (RS): With Pink (C3), ch1 and 1 sc in same initial st and mark this stitch with a stitch marker, * (4 dc closed tog in next st = 1 bobble), sc in each of next 3 sts *, repeat from * to * and end with (4 dc closed tog in next st = 1 bobble), sc in each of last 2 sts. [44 sts] Do not turn work. Do not close with a slip stitch as we are now working back and forth in rows. :-)

FO and cut Pink (C3). You will work with white (C2) again for the next 2 rows, starting at the other end of row.

=> You may want to stop here for a minute and “push” the bobbles to RS if needed.

Next row (RS): with white yarn (C2) work 1 sl st in marked st at beg of row to “reattach” this color (*and remove marker*) then continue as follows - ch3, dc in both loops of each sc and each bobble across. Turn. [44 sts]
 => *Count your sts to make sure you have the desired stitch-count.*

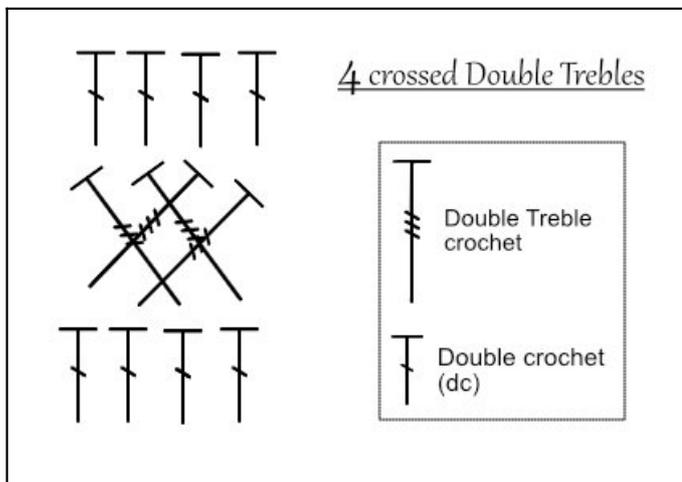
Next row (WS): with white (C2), ch3, dc in the front loop (*dc FLO*) of each st across. Turn. [44 sts]



♥ **4 CROSSED DOUBLE TREBLES** ♥

Join blue (C4) but do not cut white (C2). Make sure you start the Crossed Trebles row on Right Side.

Crossed double trebles row (RS): with blue (C4), ch4, start with 1 treble crochet, * skip 2 sts, 1 double treble in each of next 2 sts, then go “back” to the skipped sts and work 1 double treble in each of the 2 skipped sts, working from back to front *, repeat from * to * and end with 2 treble crochets. [44 sts]



FO and cut blue (C4). You will work with white (C2) again for the next 2 rows.

Next row (RS): reattach white (C2) at the other end of row with a sl st as previously, ch3, dc in both loops of each st across. Turn. [44 sts]

Next row (WS): with white (C2), ch3, dc in the front loop (*dc FLO*) of each st across. [44 sts]

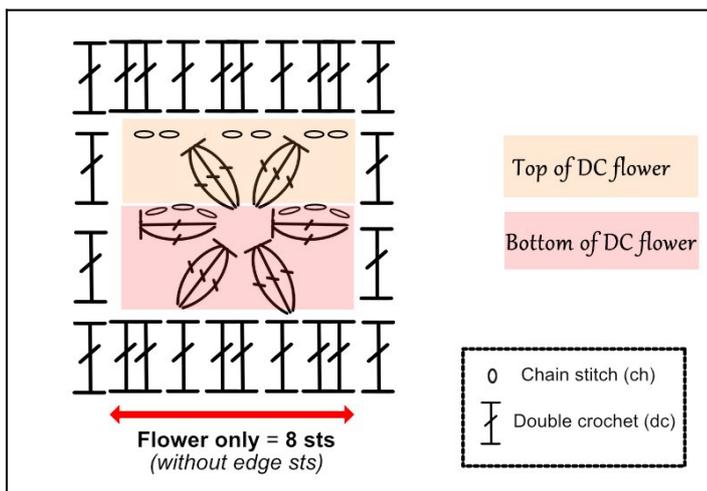
♥ MARGUERITE FLOWER STITCH ♥

Join beige (C5) but do not cut white (C2). Make sure you start the Marguerite flower row on Right Side.

Marguerite row 1 – Bottom of flower (RS): with beige (C5), ch3, work 3 dc, (bottom of flower over 8 sts, 1 dc in next st) x 4 times, end with 4 dc. Turn. *You've made 4 bottom of flowers, separated by dc sts.*

Marguerite row 2 – Top of flower (WS): ch3, 4 dc, (top of flower over 8 sts, 1 dc in next st) x 4 times, end with 3 dc. *You've made 4 complete flowers, separated by dc sts.*

Cut beige (C5) and join white (C2) with a sl st as previously, as you will work with white for the next 2 rows.



***** FLOWER (over 8 sts) *****

1/ DEFINITIONS:

- **Partial dc:** yo and work as for a regular dc BUT leave the last loop unworked (= 2 loops on hook) until end of series. At the end, close all partial dc together by pulling through all remaining loops on hook. This will form a petal.
- **Horizontal petal:** ch3, work 2 partial dc in 1st ch of the ch3 (= 3 loops on hook before closing) then close them together.
- **Vertical petal:** in specified stitch, work 3 partial dc (= 4 loops on hook before closing) then close them together.

2/ MAKING THE FLOWER:

- **Bottom of flower** = 1 horizontal petal, (skip 2 sts, 1 vertical petal in next st) x 2, 1 horizontal petal, skip 2 sts
- **Top of flower** = ch2, 1 vertical petal in top of 1st available vertical petal from previous row (= "center" of flower), ch2, 1 vertical petal in same st (center of flower), ch2.

Next row (RS): with white (C2), ch3, then work in dc as follows:

- 1 dc in both loops of each dc
- 1 dc in top of each vertical petal
- 2 dc in each chain-2 space. Turn. [44 sts]

=> Count your sts to make sure you have the desired stitch-count.

Next row (WS): with white (C2), ch3, dc in the front loop (*dc FLO*) of each st across. [44 sts]

Cut white (C2) and join black (C1) for the final top edging.

Step 5 – Final picot edging around top edge and bottom opening

Using black yarn (C1), work around the **TOP EDGE with picots** as follows:

* 1 sc in each of next 5 sts, (ch3 and 1 sl st in 1st ch made = 1 picot) *, repeat from * to * and end with 4 sc, end with ch2 (= 1st eyelet for corset lace-up) and place a **marker in that chain-space**.

Then turn work 90° to work your way **down the 1st side of back opening**, work as follows:

- * work 2 sc around next horizontal st (*end of dc row*)
- work 2 sc around next horizontal st
- work 2 sc around next horizontal st (= 6 sc made)
- chain 2 (*eyelet*) and mark this ch-space *
- repeat from * to * 3 times TOTAL,
- end with 1 sc around the end of bobble-row,

Next turn work again to start working your way **up the 2nd side of back opening**:

- start with 1 sc around the end of bobble-row,
- * chain 2 (*eyelet*) and mark this ch-space,
- work 2 sc around next horizontal st
- work 2 sc around next horizontal st
- work 2 sc around next horizontal st * (= 6 sc made)
- repeat from * to * 3 times TOTAL,
- end with chain 2 for the very last eyelet and mark this ch-space, join with 1 sl st to top corner stitch.

Fasten off and cut yarn.



Step 6 – Afterthought heel

We'll now work the heel in a spiral on RS with stacked decreases: first in dc in both loops, then in hdc in both loops.

Place sock on RS with toes at top and heel opening facing you (*see photo*). Join yarn to right end of ankle-edge of heel-opening, just before 1st dc from ankle-edge.

Heel setup round: ch1 and 1 sc in next available space (= *after 1st dc of heel opening - place a marker in this sc*), then working between each dc from ankle continue with 1 hdc, 19 dc along ankle-edge of heel opening,

next work 3 sts together as follows to turn around angle: (1 dc in space after last dc of ankle-edge of heel-opening, 1 dc around edge of half dc-round, 1 dc in beginning of sole-edge of heel-opening) closed together and mark this st, (*See photos below + Photo Tutorial at the end*)

Next work 22 dc (in both loops) along sole-edge of heel-opening,

End with dc3tog worked as previously as follows: 1 dc in space after last dc, 1 dc around edge of half dc-round, 1 dc same space as sc at beg of round, and mark this st as end of round (= *Main Marker*). [44 sts]

Do **NOT** join with a slip stitch, as we're now working heel in continuous rounds /spiral.





First dec round: Work 2 dc closed together in the [1st sc & following hdc] from previous round (*and remove marker*), continue with 1 dc in both loops of each following st to 1 st before next marker, dc3tog and mark this st, dc to 1 st before Main Marker, dc3tog and mark this st [40 sts]

2nd dec round: dc to 1 st before next marker, dc3tog & mark this st, dc to 1 st before Main Marker, dc3tog & mark this st [36]

3rd dec round: repeat 2nd dec round [32 sts]

4th dec round: repeat 2nd dec round [28 sts]

You have now **28 remaining sts**.

** Finally, remove both markers of heel and close heel as follows:

- (skip 1 st, 1 **hdc** in each of next 4 sts) x 8 times
- (skip 1 st, 1 **sc** in each of next 2 sts) x 9 times
- FO and cut yarn, leaving enough length to close the remaining hole with yarn tail.



Step 6 – Finishing

Close the little hole remaining in the heel. Weave in all remaining ends.

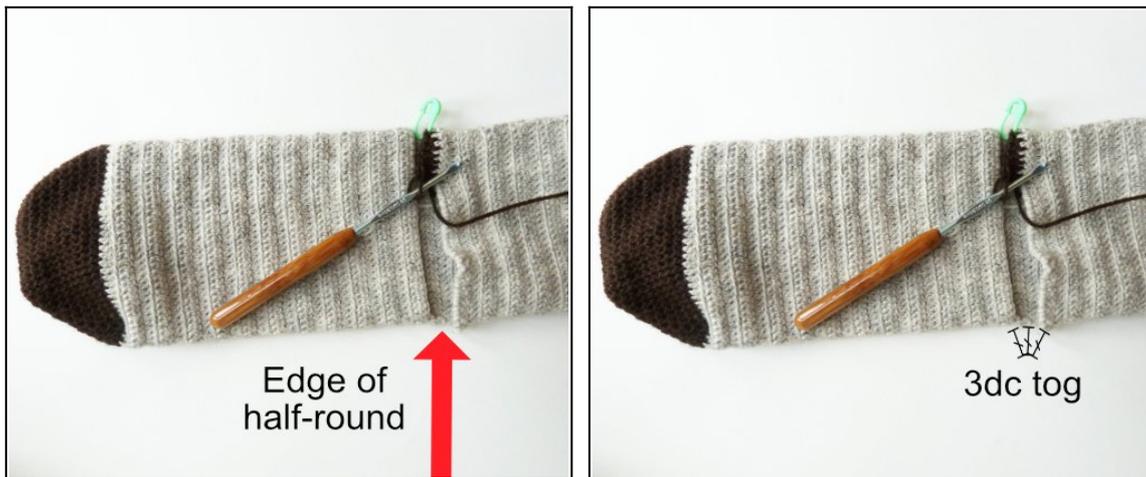
Using black yarn (C1), make a long chain for the “lace”: chain 120, FO and cut yarn. Weave in both ends of the chain. Then using your crochet hook to weave the long chain through the little eyelets marked by stitch-markers, lace-up the back corset opening and remove markers.
 => *Tip: start by the bottom of opening, just as you would when lacing up shoes.*

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PHOTO -TUTORIALS:

1/ Additional photos for Setup round of Afterthought heel

Shown here on another similar sock, here are more photos showing what I mean by the “edge of half-round” for the setup round of the afterthought heel, and where to work the 3 dc closed together. Hope that helps !



2/ Using stitch markers

To place a stitch marker, place it under the 2 loops forming a “V” at top of stitch to be marked, as shown on left photo below. (Do not insert the marker in the loop on hook).

The marker marks the st located under it, as shown by red arrow on right photo below.



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