

Manicurist

1) Final task assignment

The content of the assignment is for hand and nail care services.

Contestants perform protocols on pre-selected women models.

Contestants use her/his personal toolbox (see the non-exhaustive list on page 5) while respecting the rules of hygiene and safety.

The workplace will be equipped with various equipment and materials.

Products and accessories will be available on the day of the competition.

Competitors have to perform:

A hand and nail care (care to be performed on both hands) and then a semi-permanent (red) nail polish application on one hand (the right hand).

Adding a protective layer onto natural nails (with Builder gel) with application of a color (red) on the second hand (the left hand) with the same red semi-permanent polish used in module 1 on the right hand.

Nail Art on fake nails including pattern(s)/drawing(s) with acrylic paint and various decorations with presentation on the workstation of a board of inspirations/trends – sketches (= a moodboard) on a support (paper, cardboard, canvas etc...) Final presentation of the fake nails on a soft plastic hand.

2) Allocated time: 4 hours 40 minutes

The contest duration is 4 hours 40 minutes.

- ✓ Module 1: 120 minutes.
- ✓ Module 2: 80 minutes.
- ✓ Module 3: 80 minutes.

3) Requirements

Model management (comfort, courtesy and kindness).

Work environment: knowledge and requirements of hygiene, safety and selective sorting in the field of "hands and nails care" service.

Demonstration of knowledge and practical application of the profession rules and regulations.

Proper use and management of products quantities.

Time management.

General skills:

- ✓ Create and maintain a safe and hygienic work environment.
- ✓ Perform techniques with gloves.
- ✓ Separate a clean instrument from a used instrument.
- ✓ Properly dispose of waste and sort waste.
- ✓ Use sterile instruments: comply with the rules for the use and processing of instruments before, during and after the procedures.
- ✓ Wash and sanitize hands at the beginning and during use.
- ✓ Comply with safety requirements when performing techniques (if necessary).
- ✓ Follow the sanitary rules and use PPE throughout the entire contest.
- ✓ Countdown clock accepted (contestants' phone is not allowed as a stopwatch: it must be turned off as well as the model's phone during the whole competition).

Requirements and respect of the professional image and posture: comply with a professional dress code (clean and ironed clothes: trousers and jacket; comfortable and silent shoes); no jewelry and no watches (wedding ring allowed); no perfume; hair tied back; day make-up is required; the contestant's nails must have a neat appearance but without nail angular prosthesis or any kind of polish.

Professional approach and relationship with the model:

- ✓ Smile to the model, greet her, speak with her at least during the tests except for instructions related to ergonomics and postures in order to favour the quality of the work during the different techniques performed.
- ✓ Communication is a key element in its relationship with the model.
- ✓ Demonstrate care and attention to the emerging needs of the model (comfort) during the contest.
- ✓ Maintain professional "communication" with the model.
- ✓ Serve the model in a professional, safe and hygienic manner.

- ✓ Show sensitivity and kindness, take care that the model's dignity is respected.
- ✓ Help the model to settle in.

Relationship with the model

- ✓ Contestant is allowed (if he/she wishes) to communicate with the model before the beginning of the work (possibility to indicate to the model some instructions about ergonomics and posture). During the contest, he/she communicates at a minimum and only for exchanges related to the protocols performed (comfort and posture of the model).
- ✓ It is forbidden to hold a full conversation with the model.
- ✓ All questions from the model or the contestant are resolved with the help of a technical or coordination judge at the competition site. To do so, raise your hand and wait for the judge.
- ✓ It is forbidden for the contestant or model to use communication devices during the competition.

Model's appearance

- ✓ The model should be dressed in a sober, dark, solid color outfits.
- ✓ Jeans and colorful clothing are prohibited!
- ✓ The model must not have any jewelry.

Requirements for models - Module 1

- ✓ All models must have natural nails, free of damage and diseases.
- ✓ Two weeks before the championship no manicure procedures should be performed on the model's hands.
- ✓ Cuticles must be present!
- ✓ The length of the nails must be at least 3 mm according to the morphological appearance of the model's hand (view from the palm side of the hand the nail must protrude at least of 3mm): the length of the nails must allow the free edge to be shaped.

Requirements for models - Module 2

- ✓ Nail strengthening is performed on the left hand.
- ✓ The model must not have any jewelry.
- ✓ Model's hands should be with a manicure made during the module 1.
- ✓ The length of the nails is like the right hand.

Module 3 - No model (final presentation of fake nails on a soft plastic hand).

General instructions:

- ✓ Prepare the workplace in accordance with sanitary and hygienic requirements.
- ✓ Prepare the service area for efficient work.
- ✓ Prepare and properly position equipment, tools and materials so that procedures are carried out without delay or hindrances.
- ✓ Ensure model comfort, dignity and safety.
- ✓ During the procedure, strictly observe the consumption rates of materials.
- ✓ Maintain order in the workplace during the procedure (close bottles and tubes with cosmetics, carefully store instruments, dispose of waste and sort waste...).
- ✓ Clean up and disinfect all surfaces and the workplace.

A 30% change in the task assignment is possible.

Before the start of the competition, the chief judge may change the list of materials and the home-made toolbox by 30%.

It is strictly forbidden to change the contest work time.

Toolbox and workspace
(Check on the day of the competition)
Non-exhaustive list

- Hygiene kit (asepsis and disinfection): for living tissue + for equipment and surfaces.
- Cold sterilizer with adapted product.
- Storage box(es).
- Tray(s).
- Pot(s).
- Table waste garbage can(s) (selective sorting).
- Bowl(s).
- Cups.
- Manicure cushion.
- Nail file(s).
- Wooden sticks.
- Nails and cuticles tweezers.
- Metal cuticle pusher.
- Nails brush.
- White block.
- Various brushes (for hand care, for nail dust, for Nail Art).
- Sponges.
- Rhinestone pick.
- Dotted tool Nail Art.
- Nail Art palette(s) (in plastic or metal).
- Various consumables.
- Professional mask.
- Gloves.
- LED or Hybrid lamp.
- Electric sander.
- Etc...

SEQUENCE OF TASKS

Module 1: Hand and nail care (on both hands) with application of semi-permanent (red) polish on one hand of the model (the right hand).

Tasks:

Preparatory phase (for 15 minutes): the contestant must prepare a work space and set up his/her model, choose his/her equipment and material necessary for the competition as well as the protocols related to the hygiene of surfaces, equipment and material (if the contestant finishes before the 15 minutes, he/she must wait until the end of the time allowed).

Realization of the techniques: the contestant must select the products, carry out the protocols related to the hygiene of the living tissues and carry out a care of the hands and the nails (including the work of the cuticles) then carry out an application of semi-permanent varnish (red) on the right hand of the model.

The final step is to tidy up and clean the work area.

Model: no jewelry.

Knowledge:

- ✓ Realization of techniques.
- ✓ Selection of equipment, material and products necessary for the realization of the module.

Preparatory stage:

- ✓ Sanitize surfaces with appropriate products (with gloves).
- ✓ Preparation of the workplace is done (with gloves).
- ✓ Choice of the adequate equipment.
- ✓ Protection of the worktable.
- ✓ Comfort of the model (cushion for the hands...).
- ✓ Ergonomics of the contestant: equipment, consumables and products must be placed on the side of the working hand of the competitor.
- ✓ Files, brushes are in a container (jar, glass...).
- ✓ All tools must be in paper bags or others (boxes, trays...).
- ✓ Check all equipment for operability.
- ✓ Trash can with trash bag is also on the side of the competitor's working hand.
- ✓ Take care of the model throughout the competition.

Contest work time:

- ✓ Hand hygiene (washing and asepsis) with appropriate products.
- ✓ Perform all procedures with gloves.
- ✓ Carrying out the technical protocols adapted to the subject.
- ✓ Verification of the work by the jury.

Final stage:

- ✓ Tidying up the workplace at the end of the module.
- ✓ Cleaning and hygiene of surfaces with appropriate products.

Allowed to use:

- ✓ Tools and equipment: Electric nail sander, LED or hybrid lamp.
- ✓ Contestants use their home toolbox.
- ✓ Products and accessories are available on the day of the competition.

A 30% change in the task assignment is possible.

Before the start of the competition, the chief judge may change the list of materials and the home-made toolbox by 30%.

It is strictly forbidden to change the contest work time.

Module 2: Strengthening on natural nails (overlay on natural nails with Builder gel) with application of a color (red) on the model's second hand (the left one) with the same red semi-permanent varnish used in module 1.

Tasks:

Preparatory phase (for 15 minutes): the contestant must prepare a work space and install his/her model, choose his/her equipment and material necessary for the competition as well as the protocols related to the hygiene of surfaces, equipment and material (if the contestant finishes before the 15 minutes, he/she must wait until the end of the time allowed).

Realization of the techniques: the contestant must select the products, carry out a sheathing/reinforcement with Builder gel on natural nails with application of a color (red) on the left hand of the model with the same red semi-permanent varnish used in module 1.

The final step is to tidy up and clean the work space.

Model: no jewelry.

Knowledge:

- ✓ Realization of techniques.
- ✓ Selection of equipment, materials and tools necessary to achieve the module.

Skills:

Preparatory stage:

- ✓ Sanitize surfaces with appropriate products (with gloves).
- ✓ Preparation of the workplace (with gloves).
- ✓ Choice of the adequate equipment.
- ✓ Protection of the work table.
- ✓ Respect of the model's comfort.
- ✓ Ergonomics of the contestant: equipment, consumables and products must be placed on the side of the working hand of the contestant.
- ✓ Files, brushes are in a container (jar, glass...).
- ✓ All tools must be in paper bags or others (boxes, trays...).
- ✓ Check all equipment for operability.
- ✓ Trash can with trash bag is also on the side of the competitor's working hand.
- ✓ Taking care of the model throughout the contest.

Contest working time:

- ✓ Hand hygiene (washing and asepsis) with appropriate products.
- ✓ Perform all procedures with gloves.
- ✓ Carrying out the technical protocols adapted to the model.
- ✓ Verification of the work by the jury.
- ✓ Tidying up the workplace at the end of the module.
- ✓ Cleaning and hygiene of surfaces with appropriate products.

Allowed to use:

- ✓ Equipment: Electric nail sander, LED or hybrid lamp.
- ✓ Contestants must use their home toolbox.
- ✓ Products and accessories are available on the day of the competition.

Forbidden: Ready-made and glueable blanks.

A 30% change in the task assignment is possible.

Before the start of the competition, the chief judge may change the list of materials and the home-made toolbox by 30%.

It is strictly forbidden to change the contest work time.

Module 3 (80 minutes): NAIL ART on fake nails with final presentation on a soft plastic hand: pattern(s)/drawing(s) with acrylic paint and various decorations.

The theme of the contest is: "**Tropics.**"

Realization on fake nails Stiletto shape (ovoid and pointed shape) - length 5 cm.

Tasks:

Preparatory phase (15 minutes): the contestant must prepare a work space, select the materials needed for the test and respect the hygiene procedures (if the contestant finishes before the 15 minutes, he/she must wait until the end of the time allowed).

Execution of the techniques: the contestant must select the products, the accessories for the decoration, respect the hygiene procedures and execute the drawing(s)/pattern(s) with acrylic paint (drawing(s)/pattern(s) by hand expected + various decorations and artifices) on 5 Stiletto tips (provided the day of the competition).

At least 3 techniques must be used in the work in addition to the drawings/patterns.

To demonstrate the final result of the work, the tips must be placed on the soft plastic dummy hand to be evaluated according to specific criteria.

The final step is to tidy up and clean up the work area and present the work on the soft plastic dummy hand.

Knowledge:

- ✓ Selection of equipment, materials and tools necessary to achieve the module.

Skills:

Perform nail art techniques.

Preparatory stage:

- ✓ Sanitize surfaces with appropriate products (with gloves).
- ✓ Preparation of the workplace (with gloves).
- ✓ Choice of the adequate equipment.
- ✓ Protection of the work table.
- ✓ Ergonomics of the contestant: equipment, consumables and products must be placed on the side of the working hand of the contestant.
- ✓ Files, brushes are in a container (jar, glass...).
- ✓ All tools must be in paper bags or other (boxes, trays...).
- ✓ Check all equipment for proper use.
- ✓ Trash can with trash bag is also on the side of the competitor's working hand.

Contest working time:

- ✓ Perform a nail art using at least 3 techniques in addition to the mandatory designs + of your choice of rhinestones, foil, caviar beads, glitter, inlay, etc...
- ✓ Keep the workplace clean and tidy during the work.
- ✓ At the end, glue the Stiletto nails on the practice hand available to demonstrate the final result.
- ✓ Verification of the work by the jury.

Final stage:

- ✓ Tidying up the work area at the end of the module.
- ✓ Cleaning and hygiene of surfaces with appropriate products.

The end result is evaluated according to the following criteria:

- ✓ Overall impression of the work.
- ✓ Harmony, finesse of performance, level of the work, its emotional impact.
- ✓ Complexity: skill of using various nail art techniques. At least 3 techniques should be used in design in addition to the design(s)/pattern(s).
- ✓ Science: the quality, craftsmanship and science of the design are evaluated. Fineness and detail of elements, layering and versatility.
- ✓ Composition: this criterion evaluates the integrity of the picture created, its dynamism. Harmonious distribution of elements and colors in the work. Keeping a balance between design elements in accordance with the total surface of the nail.
- ✓ Color scheme: selection of colors and their combination. The color should be introduced harmoniously into the composition of the work.

- ✓ Singularity: the work should be distinguished by an unusual approach in the choice of the topic and in the execution. Was the nail technician able to create her own style of work?
- ✓ Fineness of design: this criterion evaluates the quality of the drawing, the accuracy and the finess of the work, the meticulousness of the details, the purity of the color.
- ✓ Covering of the topic: this criterion evaluates whether the drawing corresponds to the declared topic as well as the relevance of the decorations and artifices used.

Allowed to use:

- ✓ Contestants must use their home toolbox.
- ✓ Products and accessories are available on the day of the competition.

Forbidden: ready-made rhinestone compositions, stencils, stickers, stamping plates and stamps, nail art pens, airbrush.

A 30% change in the task assignment is possible.

Before the start of the competition, the chief judge may change the list of materials and the personal toolbox.

4) Procedure

Day -1 (March 23rd): On the day before the competition, contestants will be welcomed on the stand of the competition by the members of the jury. A briefing about the organization of the contest and about the security rules will be arranged. Contestants will draw lots to be assigned to a work station, where they may drop off their tools.

Day 1 (March 24th): Contestants will have 4 hours 40 minutes to complete the 3 modules.

5) Scoring criteria

| N° | Items to be evaluated | O/S | Scoring scale |
|-----------------|---|-----|---------------|
| Module 1 | | | 35 |
| 01 | Nail shape (enhancement of the morphological aspect of the hand) <i>Forme de l'ongle (mise en valeur de l'aspect morphologique de la main)</i> | O | 2,5 |
| 02 | Free edge length (3 to 5 mm) <i>Longueur du bord libre (3 à 5 mm)</i> | O | 2,5 |
| 03 | Quality of cuticle work (nail care) <i>Qualité du travail des cuticules (soin des ongles)</i> | O | 4 |

| | | | |
|-----------------|---|---|-----------|
| 04 | Quality of hand skin care <i>Qualité du soin de la peau des mains</i> | O | 4 |
| 05 | The quality of the application of the red semi-permanent nail polish (Base - Couleur - Top coat) <i>La qualité de l'application du vernis à ongles semi-permanent rouge (Base - Couleur - Top coat).</i> | O | 3 |
| 06 | Application of the red semi-permanent varnish: cleanliness of the nail surround and the free edge <i>Pose du vernis semi-permanent rouge : propreté du pourtour de l'ongle et du bord libre</i> | O | 2 |
| 07 | Complexity of the techniques used <i>Complexité des techniques mises en œuvre</i> | S | 5 |
| 08 | Overall impression of the work <i>Impression générale du travail</i> | S | 5 |
| 09 | Penalty points <i>Points de pénalité</i> - Contestant's appearance (hairstyle, uniform, shoes). <i>Apparence du candidat (coiffure, uniforme, chaussures).</i> - Sanitary and hygienic requirements met. <i>Respect des exigences sanitaires et hygiéniques.</i> - Hygiene of hands, equipment and surfaces during the test. <i>Hygiène des mains, du matériel et des surfaces pendant l'épreuve.</i> - Organization of the workplace during the contest. <i>Organisation de l'espace de travail pendant le concours.</i> - Safety precautions followed during the work. <i>Précautions de sécurité suivies pendant le travail.</i> - Management of the quantities of products and consumables strictly respected during the realization of the techniques. <i>Gestion des quantités de produits et de consommables strictement respectée pendant la réalisation des techniques.</i> - Professional approach. <i>Approche professionnelle.</i> | P | 7 |
| Module 2 | | | 33 |
| 10 | Nail length (3 to 5 mm) <i>Longueur de l'ongle (3 à 5 mm)</i> | O | 1,25 |
| 11 | Free edge shape (enhancement of the morphological aspect of the hand) <i>Forme du bord libre (mise en valeur de l'aspect morphologique de la main)</i> | O | 1,25 |
| 12 | Curved nail (apex) <i>Bombé de l'ongle (apex)</i> | O | 2,5 |
| 13 | Respect for the sidewalls <i>Respect des parois latérales</i> | O | 2,5 |

| | | | |
|-----------------|--|---|-----------|
| 14 | Free edge end thickness (closest to the hand performed in module 1) <i>Épaisseur de l'extrémité du bord libre (le plus rapprochant de la main effectuée lors du module 1)</i> | O | 2,5 |
| 15 | Material boundary in the cuticle area <i>Limite du matériau dans la zone de la cuticule</i> | O | 2,5 |
| 16 | Quality of the application of the red semi-permanent varnish (Base - Color - Top coat). <i>Qualité de l'application du vernis semi-permanent rouge (Base - Couleur - Top coat).</i> | O | 3 |
| 17 | Fineness of the free edge <i>Finesse du bord libre</i> | O | 2,5 |
| 18 | The quality of the cuticle's condition after the natural nails have been covered with gel. <i>La qualité de l'état de la cuticule après le recouvrement en gel des ongles naturels.</i> | O | 3 |
| 19 | Overall impression <i>Impression générale</i> | S | 5 |
| 20 | Penalty points <i>Points de pénalité</i> <ul style="list-style-type: none"> - Contestant's appearance (hairstyle, uniform, shoes). <i>Apparence du candidat (coiffure, uniforme, chaussures).</i> - Sanitary and hygienic requirements met. <i>Respect des exigences sanitaires et hygiéniques.</i> - Hygiene of hands, equipment and surfaces during the test. <i>Hygiène des mains, du matériel et des surfaces pendant l'épreuve.</i> - Organization of the workplace during the contest. <i>Organisation de l'espace de travail pendant le concours.</i> - Safety precautions followed during the work. <i>Précautions de sécurité suivies pendant le travail.</i> - Management of the quantities of products and consumables strictly respected during the realization of the techniques. <i>Gestion des quantités de produits et de consommables strictement respectée pendant la réalisation des techniques.</i> - Professional approach. <i>Approche professionnelle.</i> | P | 7 |
| Module 3 | | | 32 |
| 21 | Complexity (choice of different nail art techniques) <i>Complexité (choix des différentes techniques de Nail Art)</i> | O | 4 |
| 22 | Science (Expertise, quality and design) <i>Science (savoir-faire, qualité et design)</i> | O | 3 |
| 23 | Composition (harmonious distribution of elements and colors) <i>Composition (répartition harmonieuse des éléments et des couleurs)</i> | O | 2 |

| | | | |
|---------------------|--|---|------------|
| 24 | Color scheme (selection of colors and their combination). <i>Schéma de couleurs (sélection des couleurs et leur combinaison).</i> | S | 2 |
| 25 | Singularity (competitor's work style and creativity). <i>Singularité (style de travail de la concurrente et créativité).</i> | S | 3 |
| 26 | Fineness of the design (precision of the drawing and the details). <i>Finesse de la conception (précision du dessin et des détails).</i> | S | 2 |
| 27 | Overall impression <i>Impression générale</i> | S | 5 |
| 28 | Covering the topic <i>Couverture du sujet</i> | O | 5 |
| 29 | <p>Penalty points <i>Points de pénalité</i></p> <ul style="list-style-type: none"> - Contestant's appearance (hairstyle, uniform, shoes). <i>Apparence du candidat (coiffure, uniforme, chaussures).</i> - Sanitary and hygienic requirements met. <i>Respect des exigences sanitaires et hygiéniques.</i> - Hand sanitation carried out at the beginning and during the procedure. <i>Assainissement des mains effectué au début et pendant la procédure.</i> - Organization of the workplace during the contest. <i>Organisation du lieu de travail pendant le concours.</i> - Safety precautions followed during the work. <i>Précautions de sécurité suivies pendant le travail.</i> - Management of the quantities of products and consumables strictly respected during the procedure. <i>Gestion des quantités de produits et de consommables strictement respectée pendant l'intervention.</i> | P | 6 |
| TOTAL POINTS | | | 100 |